

BEACH DAY ESSENTIALS

- a tote bag (big enough to fit all)
- Sunscreen
- lip balm
- Sun-hat
- sunglasses
- swimsuit
- beach towel (for your body)
- beach blanket (to sit on)
- water bottle
- flip-flops or water shoes
- swimsuit cover up
- hairties
- brush or comb
- ear buds
- phone
- phone protector
- snacks or fruit
- hand wipes
- book and/or Magazine...
- umbrella or tent